UNIT-I

NANDA List of Nursing Diagnosis (2010)

**ACTIVITY/REST**—Ability to engage in necessary/desired activities of life (work and leisure) and to obtain adequate sleep/rest
Activity Intolerance
Activity Intolerance, risk for
*Activity Planning, ineffective
Disuse Syndrome, risk for
Diversional Activity, deficient
Fatigue
Insomnia
Lifestyle, sedentary
Mobility, impaired bed
Mobility, impaired wheelchair
Sleep, readiness for enhanced
Sleep Deprivation
+Sleep Pattern, disturbed
Transfer Ability, impaired
Walking, impaired

**CIRCULATION**—Ability to transport oxygen and nutrients necessary to meet cellular needs
Autonomic Dysreflexia
Autonomic Dysreflexia, risk for
*Bleeding, risk for
Cardiac Output, decreased
Intracranial Adaptive Capacity, decreased
*Perfusion, ineffective peripheral tissue
*Perfusion, risk for decreased cardiac tissue
*Perfusion, risk for ineffective cerebral tissue
*Perfusion, risk for ineffective gastrointestinal
*Perfusion, risk for ineffective renal
*Shock, risk for

EGO INTEGRITY—Ability to develop and use skills and behaviors to integrate and manage life experiences
Anxiety [specify level]
Anxiety, death
Behavior, risk-prone health
Body Image, disturbed
Conflict, decisional (specify)
+Coping, defensive
Coping, ineffective
Coping, readiness for enhanced
Decision Making, readiness for enhanced
Denial, ineffective
Dignity, risk for compromised human
Distress, moral
Energy Field, disturbed
Fear
Grieving
Grieving, complicated
Grieving, risk for complicated
Hope, readiness for enhanced
Hopelessness
+Identity, disturbed personal
Post-Trauma Syndrome
Post-Trauma Syndrome, risk for
Power, readiness for enhanced
Powerlessness
Powerlessness, risk for
Rape-Trauma Syndrome
[Rape-Trauma Syndrome: compound reaction-retired 2009]
[Rape-Trauma Syndrome: silent reaction-retired 2009]
*Relationships, readiness for enhanced
Religiosity, impaired
Religiosity, ready for enhanced
Religiosity, risk for impaired
Relocation Stress Syndrome
Relocation Stress Syndrome, risk for
*Resilience, impaired individual
*Resilience, readiness for enhanced
*Resilience, risk for compromised
Self-Concept, readiness for enhanced
+Self-Esteem, chronic low
Self-Esteem, situational low
Self-Esteem, risk for situational low
Sorrow, chronic
Spiritual Distress
Spiritual Distress, risk for
Spiritual Well-Being, readiness for enhanced

ELIMINATION—Ability to excrete waste products
Bowel Incontinence
Constipation
Constipation, perceived
Constipation, risk for
Diarrhea
*Motility, dysfunctional gastrointestinal
*Motility, risk for dysfunctional gastrointestinal
Urinary Elimination, impaired
Urinary Elimination, readiness for enhanced
Urinary Incontinence, functional
Urinary Incontinence, overflow
Urinary Incontinence, reflex
Urinary Incontinence, risk for urge
Urinary Incontinence, stress
[Urinary Incontinence, total-retired 2009]
Urinary Incontinence, urge
Urinary Retention [acute/chronic]

**FOOD/FLUID**—Ability to maintain intake of and utilize nutrients and liquids to meet physiological needs
Breastfeeding, effective
Breastfeeding, ineffective
Breastfeeding, interrupted
Dentition, impaired
*Electrolyte Imbalance, risk for
Failure to Thrive, adult
Feeding Pattern, ineffective infant
Fluid Balance, readiness for enhanced
[Fluid Volume, deficient hyper/hypotonic]
Fluid Volume, deficient [isotonic]
Fluid Volume, excess
Fluid Volume, risk for deficient
+Fluid Volume, risk for imbalanced
Glucose, risk for unstable blood
+Liver Function, risk for impaired
Nausea
Nutrition: less than body requirements, imbalanced
Nutrition: more than body requirements, imbalanced
Nutrition: risk for more than body requirements, imbalanced
Nutrition, readiness for enhanced
Oral Mucous Membrane, impaired
Swallowing, impaired

HYGIENE—Ability to perform activities of daily living
Self-Care, readiness for enhanced
Self-Care Deficit, bathing
Self-Care Deficit, dressing
Self-Care Deficit, feeding
Self-Care Deficit, toileting
*Neglect, self

NEUROSENSORY—Ability to perceive, integrate, and respond to internal and external cues
Confusion, acute
Confusion, risk for acute
Confusion, chronic
Infant Behavior, disorganized
Infant Behavior, readiness for enhanced organized
Infant Behavior, risk for disorganized
Memory, impaired
Neglect, unilateral
Peripheral Neurovascular Dysfunction, risk for
Sensory Perception, disturbed (specify: visual, auditory, kinesthetic, gustatory, tactile, olfactory)
Stress Overload
[Thought Processes, disturbed-retired 2009]

PAIN/DISCOMFORT—Ability to control internal/external environment to maintain comfort
*Comfort, impaired
Comfort, readiness for enhanced
Pain, acute
Pain, chronic

**RESPIRATION**—Ability to provide and use oxygen to meet physiological needs
- Airway Clearance, ineffective
- Aspiration, risk for
- Breathing Pattern, ineffective
- Gas Exchange, impaired
- Ventilation, impaired spontaneous
- Ventilatory Weaning Response, dysfunctional

**SAFETY**—Ability to provide safe, growth-promoting environment
- Allergy Response, latex
- Allergy Response, risk for latex
- Body Temperature, risk for imbalanced
- Contamination
- Contamination, risk for
- Death Syndrome, risk for sudden infant
- Environmental Interpretation Syndrome, impaired
- Falls, risk for
- Health Maintenance, ineffective
- Home Maintenance, impaired
- Hyperthermia
- Hypothermia
- Immunization Status, readiness for enhanced
- Infection, risk for
- Injury, risk for
- Injury, risk for perioperative positioning
*Jaundice, neonatal
*Maternal/Fetal Dyad, risk for disturbed
- Mobility, impaired physical
Poisoning, risk for
Protection, ineffective
Self-Mutilation
Self-Mutilation, risk for
Skin Integrity, impaired
Skin Integrity, risk for impaired
Suffocation, risk for
Suicide, risk for
Surgical Recovery, delayed
Thermoregulation, ineffective
Tissue Integrity, impaired
Trauma, risk for
*Trauma, risk for vascular
Violence, [actual/] risk for other-directed
Violence, [actual/] risk for self-directed
Wandering [specify sporadic or continual]

**SEXUALITY**—[Component of Ego Integrity and Social Interaction] Ability to meet requirements/characteristics of male/female role
*Childbearing Process, readiness for enhanced
Sexual Dysfunction
Sexuality Pattern, ineffective

**SOCIAL INTERACTION**—Ability to establish and maintain relationships
Attachment, risk for impaired
Caregiver Role Strain
Caregiver Role Strain, risk for
Communication, impaired verbal
Communication, readiness for enhanced
Conflict, parental role
Coping, ineffective community
Coping, readiness for enhanced community
Coping, compromised family
Coping, disabled family
Coping, readiness for enhanced family
Family Processes, dysfunctional
Family Processes, interrupted
Family Processes, readiness for enhanced
Loneliness, risk for
Parenting, impaired
Parenting, readiness for enhanced
Parenting, risk for impaired
Role Performance, ineffective
Social Interaction, impaired
Social Isolation

**TEACHING/LEARNING**—Ability to incorporate and use information to achieve healthy lifestyle/optimal wellness
Development, risk for delayed
Growth, risk for disproportionate
Growth and Development, delayed
+Health Behavior, risk-prone
+Health Management, ineffective self
Knowledge, deficient (specify)
Knowledge (specify), readiness for enhanced
Noncompliance [Adherence, ineffective] [specify]
[Therapeutic Regimen Management, effective-retired 2009]
Therapeutic Regimen Management, ineffective
[Therapeutic Regimen Management, ineffective community-retired 2009]
Therapeutic Regimen Management, ineffective family
Therapeutic Regimen Management, readiness for enhanced